

# **Tackling diabetes inequity in UK Black populations -**

## **Lived experience perspectives**

DRWF United Through Diabetes  
21st September 2024

Time	Theme and topics
9:30-9:35	Introductions
9:35- 9:36	Who's in the audience?
9:36- 9:40	Quick review of inequity in diabetes for UK Black populations
9:40- 10:10	Panel session
10:10 to 10:20	Q&A



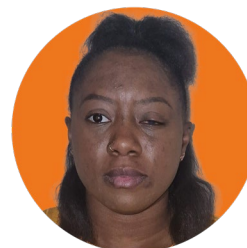
# Tackling diabetes inequity in UK Black populations -

## Lived experience perspectives

### Speakers



Dr Bernadette Adeyileka-Tracz-  
Executive Director, Diabetes Africa  
(Moderator)



Amelia Glasgow-  
Person living with T1D



Barbara Hudson-  
Diabetes Specialist Nurse,  
University Hospitals Birmingham  
NHS Foundation Trust



Tilioka Hendricks-  
Person living with Diabetes



Daniel Newman- Person living with T1D



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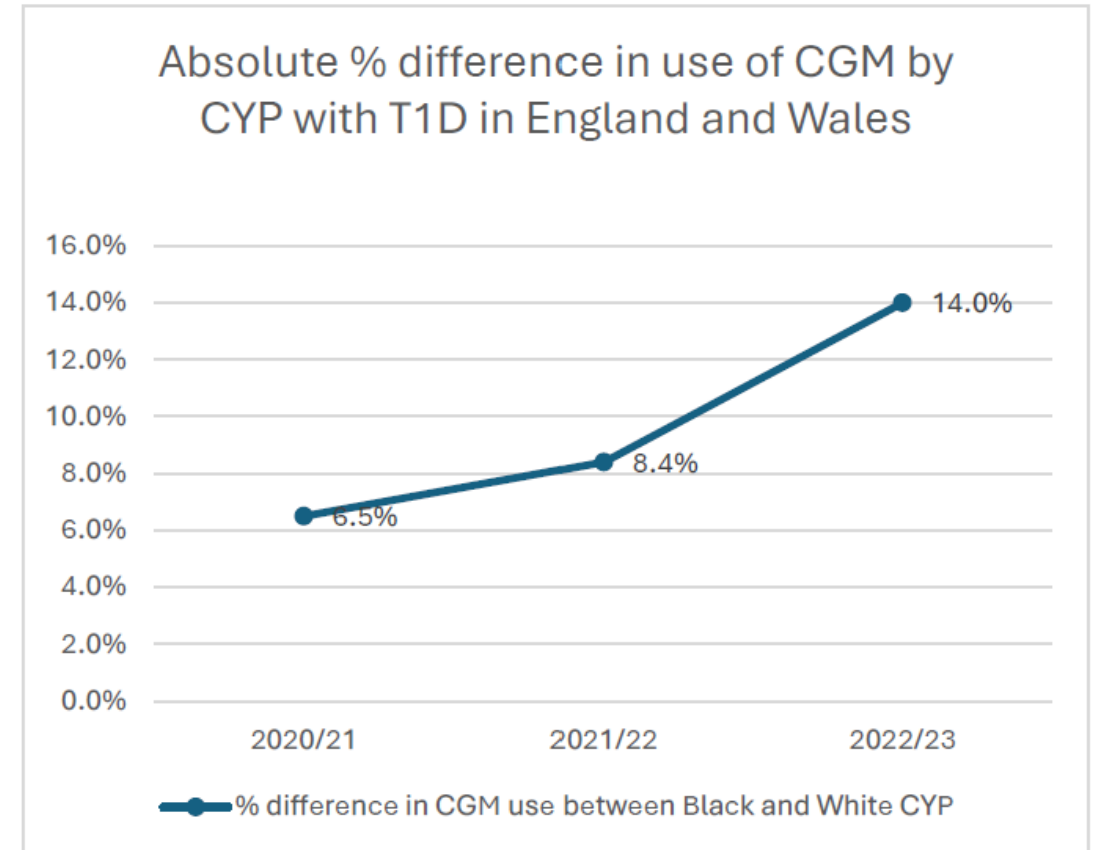
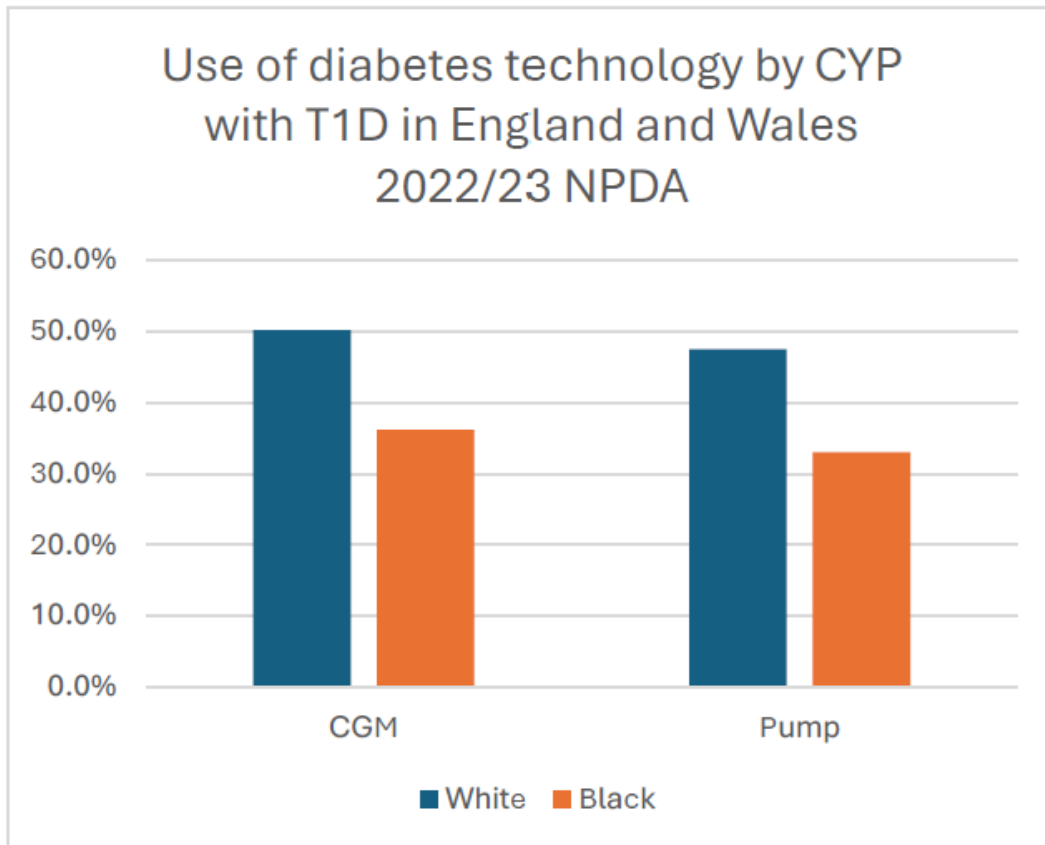
**Who's** in the audience?

# Diabetes Inequity in UK Black Populations

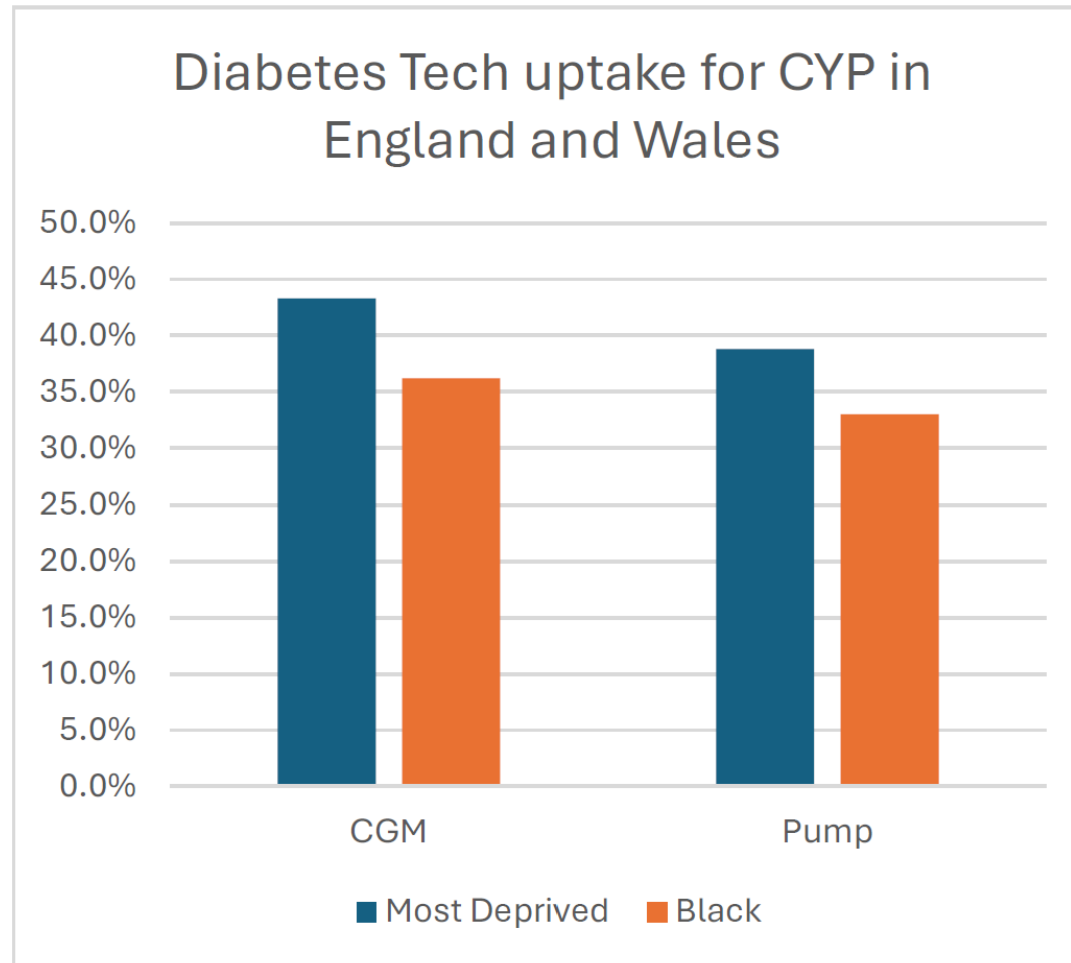
## Examples

- **Access to diabetes technology**
- **'Well prepared for pregnancy'**
- **Chronic Kidney Disease in diabetes**

## Black children and young people have less access to diabetes technology

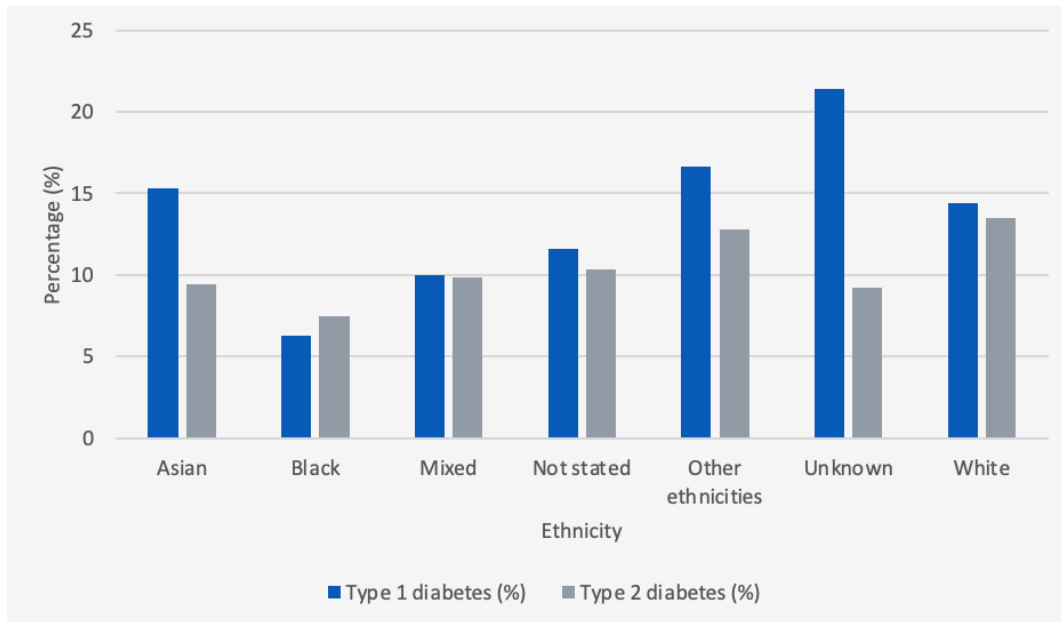


## Black children and young people have less access to diabetes technology



## Fewer Black women are ‘well prepared for pregnancy’

Figure 44: Percentage of women who were well prepared for pregnancy by ethnicity and diabetes type (2014 to 2022)



- Between 2014 and 2022, only 6.3% of Black women with T1D and 7.5% of Black women with Type 2 diabetes were categorized as well prepared for pregnancy.
- In comparison, 14.4% of White women with Type 1 diabetes and 13.5% of White women with Type 2 were found to be ‘well prepared’.

Ethnicity	Type 1 diabetes - well prepared in ethnicity	Type 1 diabetes - in ethnicity	Type 1 diabetes (%)	Type 2 diabetes - well prepared in ethnicity	Type 2 diabetes - in ethnicity	Type 2 diabetes (%)
Asian	85	555	15.3	535	5,660	9.5
Black	20	320	6.3	110	1,475	7.5
Mixed	20	200	10.0	35	355	9.9
Not stated	55	475	11.6	50	485	10.3
Other ethnicities	35	210	16.7	50	390	12.8
Unknown	15	70	21.4	60	650	9.2
White	1,840	12,795	14.4	860	6,370	13.5

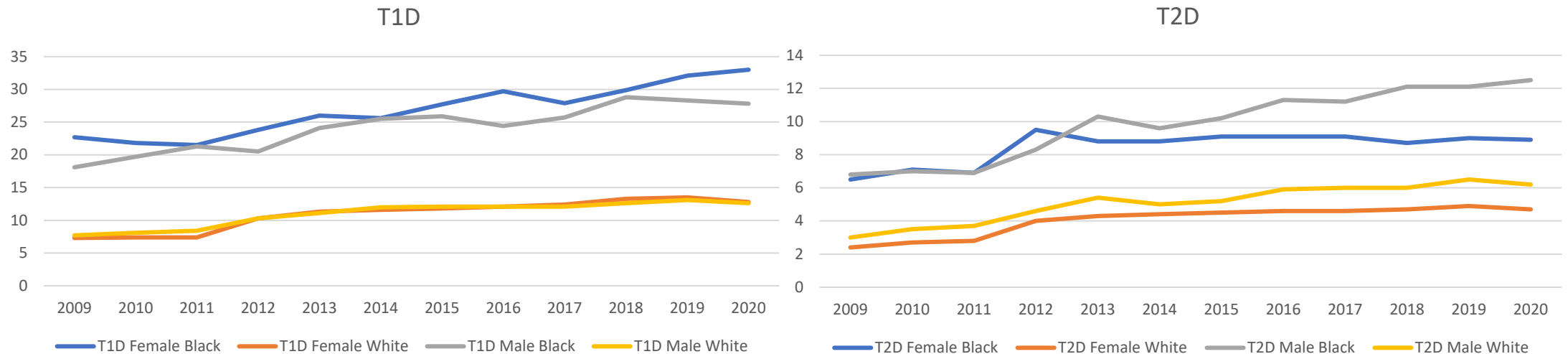
**Notes:**

Well prepared are women not on statins, ACE inhibitors or adverse diabetes medication; and taking 5mg folic acid and have HbA1c at 28 weeks is less than 48 mmol/mol.



# Black people with diabetes and CKD are more likely to need renal replacement therapy

RRT Risk Rate Per 1000 Person Years



# Panel discussion

**Any** **questions?**



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